

VILLAGE VOICE

NEWS FROM WEST WICKHAM & STREETLY END

SEPTEMBER 2013

ISSUE 125

VILLAGE DIARY

- Sun 1 Holy Communion. 9.15, St Mary's Church
Tue 3 Black wheeled bin collection
Sat 7 **Farmers Market. 9.00 - 12.00**
Linton Village College
Sun 8 Holy Communion. 9.15, St Mary's Church
Songs of Praise evening prayer. 6pm
St Mary's Church
Tue 10 Blue & green wheeled bin collection
Wed 11 Carpet Bowls Club. 7pm, Village Hall
Sat 14 **WEST WICKHAM FETE AND CAR**
BOOT SALE. Manor Farm at 1pm
Sun 15 Holy Communion. 9.15, St Mary's Church
Mon 16 **Gardening Club AGM. 7.30pm**
Village Hall
Tue 17 Black wheeled bin collection
Wed 18 Carpet Bowls Club. 7pm, Village Hall
Sun 22 Family Service. 9.30, St Mary's Church
Mon 23 **PARISH COUNCIL MEETING.**
7.30pm, Village Hall.
All are welcome to attend
Tue 24 Blue & green wheeled bin collection
Wed 25 Carpet Bowls Club. 7pm, Village Hall
Sat 28 **Celebrating Volunteers Fair**
11.00 - 3.00, St Andrew's Church, West
Wrattling See From the Vicarage
Sun 29 Combined Parishes service. 10.45
St Andrew's Church, West Wrattling

Daisy Chains Pre-School meets Monday to Friday
9.30 - 12.30 in the Village Hall

THE VILLAGE HALL

is available to hire at the rates below, it also offers
the following equipment: Badminton, Short
Tennis and 3 Table Tennis tables.

Village Hall rates (for Village use):

Sport Hire	day or evening £5.00 per hour.
Meeting Room day	(9.00 - 19.00) £5.00 per hour.
	evening £7.00 per hour.
Main Room day	(9.00 - 19.00) £7.00 per hour
	evening £10.00 per hour.
Complete Hall day	(9.00 - 19.00) £12.00 per hour
	evening £18.00 per hour
Children's party	£30.00 daytime
	£43.00 evening
Adult's party/disco	£60.00
Wedding reception	£150.00

To book the Village Hall contact Louise Salter
T: 01223 291226
or visit www.westwickham.org

The Village Voice is sponsored by West
Wickham Parish Council and delivered free
to all households in West Wickham and
Streetly End. The views expressed herein
are those of the contributors.

WEST WICKHAM FETE & CAR BOOT SALE

Manor Farm
SEPTEMBER 14th at 1pm

Fun for all the family

BBQ lunch 1pm

Cakes, Tombola, Games and Races
Bouncy Castle, Go Karting
Teas, Beer Tent,
Bric-a Brac, Lucky Dip
Raffle, Secondhand Book Stall
Plants, Produce & Preserves
Teas, Ice Cream Parlour
And lots more

To book your car boot space phone 01223 290203
£10.00 a car - book early to avoid disappointment

WEST WICKHAM & DISTRICT GARDENING CLUB ANNUAL SHOW

The Club's 30th Show on 10 August was a great success. Many congratulations to the organising committee, helped as always on the day by Mathew Morris. Andrew, recovering from knee surgery, unfortunately was unable to see the wonderful display of veg, fruit, flowers, jam, bread, cakes, photos and children's inspired entries.

The cup & trophy winners were:

The Children Trophy: Elizabeth Spencer. This was a very special win as her mother, Susie, was the first winner of the trophy in 1987.

The West Wrattling Cup for Vegetables & Fruit: Jean Martin

The White Horse Trophy for Flowers & Pot Plants: Rosemary Yallop

The West Wickham Rose Bowl for Flower Arranging: Sue Kiddy

The Stan & Hilda Cox Cup for Domestic classes: Sue Kiddy

The Ralph Westwood-Bate Photography Cup: Brian Upton & Linda Whalley

The Bill Pearson Cup for the most points won overall was won by Rosemary Yallop with Sue Kiddy and Jean Martin as runners up.

The RHS Banksian Medal was won by Jean Martin.

Karen Condron & Shirley Shadford organised a sunflower competition with village children and took on the task of measuring them all. The tallest, at 2.2m, was grown by Isabella Bearton. Runners up were Naomi Binks (1.45m) and Anna Kelsey (1.38m). The Show attracted 17 more entrants than last year and we hope that successes they had will spur them on for next year. Visitors to the Hall included a couple from Lincoln and walkers from Girton looking for a cup of tea and who were rather amazed

Continued on page 2

Gardening Club Show continued.....

at all the wonderful produce on show. Sheila Hampton made £79 on the raffle and Pete Grieve, our enthusiastic auctioneer made over £75 selling everything at the end of the afternoon.

We have a varied and interesting programme of talks for our new gardening year that starts in October with *Herbaceous Clematis*; November, *Women Gardeners from 1600*; December, *wine mince pies and Gardeners Question Time*; January, *Planting for winter colour and scent*; February, *Pruning*; March, *Natural control of insect pests*; April, *Salvias*. Before then we hope to see all members at the AGM on 16 September, 7-30 at West Wickham Village Hall.

Rosemary Yallop, Speaker's Secretary. T: 01799584262.

DASH



We would like to say Thank You for the kind words and sympathy we have received from those of you who know about Dash. She was diagnosed with failing kidneys back in February. We were fortunate that limited treatment and a special diet extended her life for a further few months but eventually there was nothing more that could be done and she was put to sleep in August. She gave us tremendous

pleasure for 11 years and is greatly missed.

Sue & Pete



The Meadow School PTA

Craft & Gift Fair

Saturday 12th & Sunday 13th October 2013

10.30am to 4pm

At The Meadow Primary School
High Street, Balsham, CB21 4DJ

Entrance: Adults £1; Children/Concessions 50p; Under 5s Free
Free Parking

* Handmade Crafts

* Gifts

* Tombola

* Toys

* Sweets

* Cakes

* Plus much more....

Come along... grab yourself a bargain for Christmas

More information can be found on our website or telephone 01223 894 400

The Meadow Primary School is a registered charity: 1148295

www.themeadowbalsham.co.uk pta@meadowcombs.sch.uk

FROM THE VICARAGE

Cambridge Celebrates Age (CCA) is an organisation set up to value older people by encouraging activities to keep them healthy and integrated within communities. It seeks to promote intergenerational activities so that young and old can appreciate each other and work together. This year, CCA has adopted the theme of 'Celebrating Volunteers' and is inviting people to hold events to foster voluntary work, which can play a significant feature in bringing all of us a sense of purposeful living.

Many of our volunteers in the villages are indeed people who have retired from paid employment. Of course that is not the whole story. Younger people also hold groups to teach children to read and sing, and run sports, uniformed and youth groups. People of all ages are helping people to develop different skills from learning languages to painting. There are 'helping hands' of all kinds, from those who take people to hospital to those who carry out remarkable acts of kindness for their neighbours.

We are holding a Celebrating Volunteers Fair in St Andrew's Church in West Wrating on 28th September between 11am and 3pm. Representatives will set up displays featuring groups from each of the 7 villages of Weston Colville, West Wrating, West Wickham, Balsham, Hildersham and Great and Little Abington. Our objectives for doing this are,

- To raise awareness of what is being done locally by volunteers.
- To give the groups an opportunity to recruit more volunteers
- To share ideas of what works well across different groups and villages
- To celebrate the fantastic voluntary activities that make this a good place to live.

Come along and tell others what you do. If you would like to have a display for your group let Suan (290788), John (291265) or me (891350) know.

Do you have some free time to offer and would you like to get involved? We are planning a bring and share lunch at 12 pm which we hope will be an opportunity for people from all the different organisations to share their great stories about what is going on in each place.

On Sunday 29th September at 10.45am at St Andrew's West Wrating the shared fifth Sunday service will also focus on the theme of Celebrating Volunteers. The church is one organisation which is largely run by volunteers and we will be giving thanks for everyone who gives their time and skill.

By popular request we are holding another Songs of Praise evening prayer on 8th September at 6pm. Let Kathy Bishop (892288) know any hymns you would like to sing. Do come along.

Rev Julie Norris

RAINFALL FIGURES

2013	June	July	Total for year
High Street	18.75mm	37mm	272.25mm
Streetly End	16.5mm	42.5mm	258.5mm
2012			
High Street	107mm	134mm	534.5mm
Streetly End	103mm	142.5mm	540mm

PARISH COUNCIL NEWS

The following items were part of the discussions at the Parish Council meeting held on Monday 22 July. The full draft Minutes can be read on the P.C. notice board outside the Post Office.

Woodland Tree Trust: Two trees planted at Bottle Hall, one of which has died but replaced, will be replanted in a more sheltered position.

Burton End & Other Street Signs: The sign for Streetly End has not yet been replaced. Cllr. Barrett was asked if he could request that the new Burton End sign could be placed further away than the present 100m gap between it and the existing sign.

Pavements: The Parish Clerk will once again write to the County Council to report their very poor state and request some repair work.

Internal Audit Report: This was satisfactory.

Planning: S/1058/13 – Cricks Grove (49 Burton End) rear extension has been granted approval by SCDC.

Childrens Play Area: Cllr. Plumb reported that most of the work is complete. The safety inspection has been carried out. The wild flower planting will be carried out when the weather is more suitable. Cllr. Plumb thanked all those who had fund raised and worked hard getting the job done. Chairman Cornish thanked Cllr. Plumb for all his hard work.

West Wrattling Crossroads & Speeding: Rumble strips have been placed on each of the minor roads in the hope it will deter drivers from going too fast. The placement of rumble strips on the main roads would seem a good idea but part of the cost would have to be paid for by the 4 Parish Councils. Cllr. Hickford is hoping that a staggered junction will be agreed to by Highways but it won't be this year.

Bus Service: A new service has gone to tender. There will be six journeys out of the village and five request journeys back. The service is expected to begin on 28 October. The

Saturday bus will pick up at 11am instead of 8.40am and will return at 5.40pm.

Maintenance:

1. There have been complaints about overhanging hedges on to the pavements and even the road. The Parish Clerk will write to the landowners, in particular to the County Cottage Housing Soc. to request a full cut on the hedge on front of Home Close.
2. The Parish Clerk will write to CCC about a possible blocked land drain as water continues to come out of a drain between Nos. 89 and 91 High Street.

Report by Dist. Cllr. Barrett:

1. There will be a new Mobile Warden for the elderly appointed shortly.
2. Mears won the contract for maintaining Council properties.

Report by Dist. Cllr. Fraser:

Local Development Plan exhibitions are being held in various venues. There is a poster on the Parish Council notice board..

Report by County Cllr. Hickford:

A14 – work due to start in 2018 has now been bought forward to 2016.

Any Other Business:

The Parish Clerk will write to local farmers requesting that tractors and other farm machinery be driven carefully and that drivers keep their speed down when they come through the village as the children are now on holiday from school. Cllr. Morris spoke about the Big Village Dig when 18 test pits were opening up and 100 people participating.

Next Parish Council meeting to be held on Monday 23rd September. Anyone living in the parish is welcome to come to the meeting.

Jennifer Richards, Parish Clerk. T: 01223 894076

STACK FIRE ARSON

Harvest is upon us and we're calling on local residents to help our fight against straw stack arson.

Stack fires can quickly spread and not only endanger people and livestock, but also life-long work on farms. Stacks burn very slowly meaning crews are committed for long periods of time, making them unavailable for other emergencies. Don't forget, many of the firefighters attending incidents like these in rural parts of our county are on-call personnel and their retention at a stack fire impacts directly upon business and services in their community.

We're working with police, neighbourhood watches and farm groups to drive stack arson down, including installing covert cameras to help bring those responsible to justice.

What can you do? We're urging residents and those passing through rural areas to keep a careful watch. Do you see someone acting suspiciously around stores of hay or straw? Is there an unusual vehicle near farm buildings? Become a community member of Arson Watch and keep an eye on stacks in your area.

Report suspicious activity to police on 101 and dial 999 if you see a stack fire.

Cambridgeshire Fire & Rescue Service

Horseheath Village Community Association & [act] presents:


Horseheath Village Hall | Haverhill Road, CB21 4QR
27 September 2013 | 7.30pm

Custard Comedy



Steve Day
"Revelatory and very funny" - The Guardian

Support from:
Sam Brady
"Had the audience completely enraptured" - Large Manchester and...
Rob Coleman
"Presence a plenty and material to match" - One 4 review

Over 18's Only



MC: Abi Roberts
"Julie Walters Mark II" - The Times



Tickets: £7.50 per person. Contact Adrienne: 01223 891 691 LICENCED BAR
Box Office: 01223 891 691 | 07932 360589 or from Horseheath Post Office.

[act] | Cambridgeshire County Council | Fenland | Huntingdonshire | ADEC

NEWS FROM LINTON HEALTH CENTRE

We have two significant developments to report this month: the introduction of our Nurse Practitioner service and some important changes to your electronic medical records.

Nurse Practitioner Service

We are very pleased to be welcoming Carole Ayres to our practice team this month. Carole is an experienced nurse practitioner previously working in Harlow. She will be working alongside Fiona Wharton, our longstanding practice nurse and newly qualified independent prescriber, to provide appointments for patients with acute health problems. Nurse practitioners are highly experienced primary care nurses who have undertaken extensive additional training in diagnostic skills and prescribing. They will work alongside our "duty doctor" to provide on the day appointments for children and adults, with a wide variety of conditions. When you call to book an urgent appointment our receptionists will ask you the nature of your problem to ensure you are booked with the most appropriate staff member.

Electronic medical records

Our state-of-the art computer system, SystmOne, is now used by the out-of-hours GP service, the district nurses, health visitors and other NHS community teams. As such, it is possible to share your medical information electronically between those involved in your care, with the aim of providing a more integrated service. You retain control of your own record - you decide which health worker can view your GP notes, and whether your GP can view your notes from the other services. We will be asking you about your "sharing preferences" when you visit the surgery. Pick up a leaflet or visit the website for more information.

Dr. Laurence Kemp

Flu Clinics & shingles vaccination - Autumn 2013

Although many of us haven't yet had our summer holiday, we are already starting to plan for our flu clinics for October. Everyone over the age of 65, and those in clinical at risk groups, are recommended to have a flu jab every year. We will be offering four Saturday clinics in October and you will be able to book an appointment in one of the clinics from mid-September. Please make arrangements to come to a Saturday clinic if you possibly can to enable us to offer our usual general surgery appointments during the week.

This year, for the first time, flu immunisation will be offered to all children whose date of birth falls between 2/9/2009 and 1/9/2011 inclusive. This is a nasal spray vaccination and we will be making special arrangements for children to receive their vaccination. Another first for this year is that the shingles vaccination is being offered to patients who were born between 2/9/1942 and 1/9/1943 inclusive and those born between 2/9/1933 and 1/9/34 inclusive. The shingles vaccination is a one-off vaccine that can be given at the same time as the flu jab.

We anticipate that the age bands for both the flu vaccine for children and the shingles vaccine for adults will be extended next year. This year, we are strictly limited to vaccinating only those patients whose date of birth falls in to the ranges specified.

Practice Nurses – Linton Health Centre

NEIGHBOURHOOD WATCH WARNING

We want to make you aware of a recent incident in Ickleton concerning a white male aged about late 40's, 5ft 10 with short mousey hair, clean shaven, speaking with an English accent. He carries a bag containing scales to weigh gold/silver. Prior to him visiting someone delivers glossy A4 size brochure headed Lochaber Highland Estates. This is coloured and professional looking. Details of the brochure are -

I am in your area for the following week and wish to purchase the following items: Unwanted or damaged jewellery. Silver or silver plate. All types of watches in any condition. Medals and coins. Also required in any condition: Old books. Scientific instruments. Leather suitcases. Old clocks in any condition. Old toys. Small antique objects. Postcards. Paintings (oil paintings, watercolours). TOP CASH PRICES PAID FREE VALUATIONS & APPRAISALS.

The victim in Ickleton gave him some gold jewellery for which he paid. After he left she noticed 3 rings that she wanted to keep were missing. These had not been paid for and he didn't have permission to take them. He even went upstairs with the lady to look at her jewellery.

Please be careful when dealing with people who offer good money for your unwanted/old jewellery. If you do receive a brochure or leaflet that you're not sure of go with your gut instinct and ignore it. If someone then turns up on your doorstep you don't have to answer the door. If you do, tell them you're not interested and ask them to leave.

Julie Hajredini, Cambridgeshire Police

LOOK AFTER YOUR HEATING OIL

As you will no doubt be aware, the price of both diesel fuel and heating oil has been rising constantly over the last few months. This has led to increases in the theft of diesel fuel from commercial vehicles and heating oil from storage tanks. To help reduce the number of thefts of heating oil, the following tips may help to deter a potential thief.

- Plant prickly shrubs to hide your tank from view. Thieves will not want to force their way through or over a prickly hedge. Traces of blood or a shred of ripped clothing could help the police to identify the offender.
- Be aware of your oil levels and check frequently, oil level sensor alarms are available from £60
- If you have a Plastic tank, consider erecting fencing around the tank with one end hinged and locked for filling purposes. The fencing should be fixed to solid posts and should be set off the tank approx 12 inches on all sides.
- If you have a steel tank, then fit a quality anti cut closed shackle padlock. Lockable fuel caps are available from £50.
- If you have outside security lighting, ensure that the system works and that the light sensors have been adjusted correctly to detect movement.
- Consider CCTV if the tank is in a vulnerable or remote location.
- Deter thieves from entering your property by installing and using lockable gates. Maintain boundaries and perimeter fencing.

Rachel Carr, Cambridgeshire Police

NATURE NOTES

Although these are notes about nature, we have to remember that virtually all of the landscape in England, the environment and habitats for various forms of wildlife, are not natural at all. They have been created by humans. Animals and plants simply have to make the best of what we put there. This morning I was cutting my hedge, wondering what effect I might be having on the insect world, when a robin arrived to take the opportunity of eating anything I might have displaced. It was evidently a good source of food for him because when I walked across to the other side of the garden, he followed me in the hope that I would carry on cutting. That robin seems to have the right idea.

I had a message from Katie Binks to let me know what has been going on in her garden (and house). She reports three types of butterfly coming into her conservatory and needing to be rescued by Naomi. They were small tortoiseshell, large white and (judging from the description) a gatekeeper. There have been quite a few gatekeepers around recently. Katie's roofspace seems to have been used by bees, birds and wasps during the year for nesting purposes. She reports woolly aphids feeding on her kale and ladybirds feeding on the aphids, while rabbits appear to have taken a liking to aquilegia and pinks. They are also suspected of digging up the autumn crocuses. Like many of us Katie has a bird feeder, recently visited by a bullfinch as well as the usual tits, finches, sparrows etc. Quite a list of examples of wildlife taking advantage of us!

Walking past Yen Hall the other day, it was great to see all the house martins and swallows flying around. They too obviously find the surrounds suitable for their living requirements – the buildings, and the pond especially, because they seem to have done very well this year. Trevor and Carol had swallows nesting in their garage this year, producing a successful brood. Let's hope the long journey back to South Africa is a successful one.

Sue and I had a few days up in the Lake District at the end of July. Next door to where we were staying, bats had established a colony in an enclosed gutter. You could hear them squeaking and chattering all day long. Remembering our enjoyable experience watching bats emerge from Sylvia Norton's garage a few years ago in Streetly End, we established ourselves in position at about 9 o'clock. Soon they started coming out and four of us began counting. We got to 300 but by then they were coming out so quickly that we couldn't keep up. Not being bat experts, we were uncertain of the variety but I would guess pipistrelles.

Butterfly news from the Roman Road and Fleam Dyke (both human creations) include record numbers of chalkhill blues (also plenty on the Devil's Dyke), painted ladies and a clouded yellow. Other recent sightings of a painted lady are at Brian and Linda's (next door) and Janet reported seeing one at Impington. I guess they have recently arrived in Britain, so keep your eyes open.

Peter Grieve. T: 290503. Email: mail@petergrieve.co.uk

HAVE A FUN DAY OUT WITH YOUR DOG

On Sunday 8 September, as part of the Food, Farming and Countryside Day at Milton Country Park, there will be a fun dog show in aid of Hearing Dogs for Deaf People. Why not make a day of it? Have lunch in the excellent café and check out all the other stalls. The park is very dog friendly and you can have a leisurely off lead walk in most of the park prior to joining in with the fun at the dog show.

There will be 12 classes, which include a fun scurry (how fast can your dog jump over logs to retrieve a toy?), an obstacle course (if the dog can't manage the obstacle then the owner has to do it!), a fastest sit competition plus cutest puppy, golden oldie and best trick to name but a few. There will be certificates and rosettes for 1st to 3rd in each class, the winner of each class will receive some dog food and there will be some lucky entrant number prizes. Best in show will also receive a rather special prize.

We will be taking entries from 11.00am and classes start at 12 noon. Veterinary surgeons from Village Vet will be judging, Trophy Pet Foods will be there with their dog food, toys and accessories and Hearing Dogs will be selling merchandise, running a tombola and a book stall, and we will have lots of information about the charity.

If you need any further information please contact me via email at jennifer.parker5@btopenworld.com or by phone (evenings preferred) on 01223 833562.

Jenny Parker. Hearing Dogs for Deaf People, Cambridge Branch Co-ordinator

SHAPE YOUR PLACE

Have a say about your neighbourhood and get things done!

www.shapeyourplace.org has been successfully running in other parts of the county for a few years and in June this year the website was launched in South Cambridgeshire. I am here to support you make the best of this website. In the next few months I will be out and about meeting with local residents and community groups so if you see me in your area, please come and say hello! I'd like to find out more about the positive things that happen in your community and learn about the local issues that may concern you - please get in touch if you'd like to meet for a chat and find out more about ShapeYourPlace.

What is ShapeYourPlace.org?

It acts as a one stop shop for the community where you can have conversations with each other and local public services about local issues and news. On the site you can:

- Raise issues affecting where you live
- Start campaigns and debates and have conversations with other people
- Blog about local events and community activities
- Share community news and issues.

Where an issue is raised by a resident, the police, fire service and local councils have agreed to respond in 10 days about how they can resolve the issue if possible. You don't have to worry who is responsible for the issue as the team behind the website will direct your issue or idea to the right organisation. Do get in touch to find out more!

I look forward to hearing from you.

Anna Allen. Shape Your Place - South Cambridgeshire

T: 07769304132

Email: Anna.allen@cambridgeshire.gov.uk

LINTON VILLAGE COLLEGE NEWS

The summer term ended amidst sizzling weather with a delightful Sports Day at LVC. For the past few years we have held this event on the final morning because it brings the school together and becomes a wonderful, friendly celebration of the children and their talents. It has a carnival atmosphere with music, a witty commentary (this year coming from the comedy legend that is Mr Guy Barton) and presentations. The PE Department's John Maddock runs a tight ship and the events are not hampered by delays or inactivity. We currently have some very good athletes in the school, in particular Charlotte and Lauren Murphy who already compete at national level in middle distance competitions. These two are undoubtedly ones to watch in the future.

Although the end of term is a cause for celebration, it is also a sad day because we say a number of goodbyes. This year these extended to Pete Robins (who officially retired a couple of years ago), to Lewis Baillie who has been the area Schools Sports Co-ordinator and is off to teach in Malaysia, to Russell Milne who has secured promotion to Second in Science at Hinchingsbrooke School and finally to Vivien Corrie, the Deputy Principal. Vivien has worked at LVC for 11 years, so our community know her well and she will have taught many of you. She came to us as Head of Science and when I arrived as Principal in 2006 I rapidly spotted her potential as a leader and promoted her to Assistant Principal in charge of Teaching and Learning. As an outstanding teacher herself she was able to influence and train others and raise the standard of teaching to outstanding right across the school. More recently she has worked as my Deputy, managing the school curriculum and ensuring that children are on the courses that will guarantee them success in the future and secure them great employment opportunities. She has played a significant role in helping me to develop LVC into the nationally recognised Teaching School that it is today. The community has a great deal to thank her for. She leaves LVC to become a mother and to take up a role as Ofsted inspector and education consultant.

Caroline Derbyshire. Principal

AUTUMN CONCERT



TICKETS AVAILABLE
FROM:

BALSHAM & WESTON
COLVILLE POST OFFICES or
Michael Gorman 01223-290653

PRICE £10, CHILDREN
FREE

IN AID OF

**ST. ANDREWS PARISH CHURCH
WEST WRATTING, CAMBRIDGE**

**Saturday, 12th October 2013, 7:30 PM
at Holy Trinity Church, Balsham**

AN EXCITING PROGRAMME

CHORAL & INSTRUMENTAL MUSIC,
FEATURING VOCAL WORKS BY TWO CHOIRS
AND INSTRUMENTAL WORKS FOR
PIANO, VIOLIN, AND ORGAN

FOR MORE INFORMATION, CONTACT THE ORGANISERS:

Michael Gorman 01223-290653
Linda Gorman 01223-290653
Jeanette Job 01223-290706

AGE UK HOME HELP SERVICE

Most of us want to live independently in our own homes for as long as possible. As we get older, we may need support and assistance to enable us to do so. The Home Help Service is provided with people in later life in mind and therefore offers people over 60 who have difficulty doing their housework the support of friendly and responsible individuals, passionate about providing a professional service that enables people to remain living within the comfort of their own home.

All of our Home Helps are CRB checked, carry photo ID cards and have undergone an extensive induction process. As well as carrying out housework tasks our home helps also provide regular company and keep a friendly eye out for clients. We can also signpost clients, carers and family members to other parts of Age UK Cambridgeshire. Our team also consists of office based staff to ensure that a friendly helpful voice is always at the end of the telephone if you have any questions or comments regarding your Home Help service.

Home Help Tasks include:

- Vacuum cleaning
- Dusting and polishing furniture
- Cleaning baths, sinks and toilets
- Removing cobwebs from walls and ceilings and washing paintwork
- Cleaning fridge and checking for out of date food as necessary
- Washing floors
- Cleaning windows (inside only)
- Laundry
- Ironing
- Changing bed linen
- Emptying rubbish bins.

You will be matched with a suitable Home Help and agree a mutually convenient day and time for the visit(s) to take place. You must be at home when the visits take place. Weekly or fortnightly visits can be offered from 1 hour upwards (depending upon availability). This is a very competitively priced service.

We want you to be pleased with the service we provide and we therefore monitor our quality standards to ensure we are satisfying the high expectations of our clients. We care what you think and your feedback will be used to improve and develop the service. We have many happy clients and families who feel that our support has been invaluable

For further information, about availability and charges please contact us on 01354 696650 or email Suzanne.scrimshaw@ageukcambridgeshire.org.uk

Job vacancies: As the service is growing we would also invite anyone interested in being a Home Help to contact us on the above telephone number.

PRESS DATE FOR NEXT ISSUE: 16 September

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