VILLAGE VOICE

NEWS FROM WEST WICKHAM & STREETLY END

AUGUST 2021 ISSUE 219

WHEELED BIN COLLECTIONS

Monday2 AugustBlue & greenMonday9 AugustBlackMonday16 AugustBlue & greenMonday23 AugustBlackTuesday31 AugustBlue & green

Household Recycling Centres are open on an appointment system. For details visit: www.cambridgeshire.gov.uk/residents/waste-and-recycling/household-recycling-centres

CHURCH SERVICES

Services are as follows:

1 August. 10.30am United Service, Balsham

August. 9am Morning Prayer, West

Wickham

15 August. 9am Holy Communion, West

Wickham

22 August. 10.30am Morning Prayer, West

Wickham

29 August. 9am Morning Prayer, West

Wickham

Please look at church notice by gate

for confirmation.

FOR UPDATES & USEFUL INFORMATION GO TO

www.westwickham.org
If you aren't online the Editors are more
than happy to help.

USEFUL PHONE NUMBERS

Parish Nurse: Kim Cox. T: 07498994205 Email: 7churches.parishnurse@gmail.com This is NOT a 24hr monitored service.

AgeUK Community Warden: Faye Parker. T: 07436102865,

Email: Faye.Parker@ageukcap.org.uk

Granta Medical Practice / Linton Health Centre:

T: 0300 234 5555 option 3, followed by option 1 for appointments, option 2 for the Pharmacy.

PRESS DATE FOR NEXT ISSUE: Monday 16 August

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Email: editor wwwillagevoice@yahoo.co.uk

The Village Voice is sponsored by West Wickham Parish Council and delivered free to all households in West Wickham and Streetly End. The views expressed herein are those of the contributors.

WEST WICKHAM & DISTRICT GARDENING CLUB ANNUAL SHOW

Saturday 21 August

Enclosed with this month's Village Voice you will find the Show Schedule and entry form for this month's Annual Show. If you have been reading my monthly articles you should not find any surprises in the 37 Classes listed and I do hope that amongst them you can find something in your garden or home that you can enter on the day (or in the case of the photography classes by Friday 13th).

Having been unable to hold the Show in the Village Hall last year, it would be heartening to have a good number of entries and visitors to let the Club and the organisers know that we have your continued support.

Even if you aren't able to enter anything into the Show please support us by coming along in the afternoon to view the exhibits, enjoy the tea and homemade cakes, clap the cup winners at the prize-giving, take part in the raffle and bid for exhibits which have been donated by the exhibitors. The raffle, refreshments and auction are important fundraisers for the Club, so your generosity is much appreciated.

Although Covid restrictions will have been lifted by the time of the Show, we will take appropriate measures to try and ensure the safety of all entrants, volunteers and visitors.

If you have any questions at all about the Show or would like an extra copy of the Schedule, do contact me. See you there.

Sue Thurston, Show Coordinator. mail@suethurston.co.uk, T: 897811

FABULOUS FAMILY FUN, FOOD & FROLICS @ WEST WICKHAM VILLAGE HALL

SATURDAY 4 SEPTEMBER

Fun for all the family

Please come and join us for an afternoon and evening of entertainment.

We are always looking for volunteers to help us with activities for everyone's enjoyment. If you would like to join in and/or run an activity between 3.00 – 5.00 pm please email diane.hazlehurst45@gmail.com.

We need a fit and healthy goalkeeper/s for our 'Beat the Goalie' competition.

Are you a First Aider? Do you have a few hours to spare between $3.00-6.00~\rm pm$ on 4 September? If you are and you do, I would love to hear from you.

3.00 pm - 5.00 pm

Fun and games in and around the Village Hall for

all the family HUB Bar Opens

5.00 pm

BBQ

5.00 pm - 7.00 pm

7.00 pm – 10.30 pm Live music by The Melodybeats

Sponsored by West Wickham Parish Council & Village Hall Management Committee

THE FETE AND DOG SHOW

This was a wonderful day enjoyed by many. The rain held off, the stallholders and all the helpers need a big thank you, as do all the people who came along. We raised a staggering £1877.95 on the day, which was boosted by cash donations of £1,910, so a total of £3,787.95 was raised, for which we are enormously grateful.

Could the Daniel who scored 15 on the bowling please contact Di Licence at 7 Maypole Croft and collect a prize.

Nicky Cornish

VILLAGE HALL

Changes for Hiring the Hall. From 19 July, the Government's Covid 19 restrictions will no longer apply and there will be no need for the Village Hall to be a Covid 19 secure site. However, in place of the mandated rules, there will now be 'guidance' which, while not legally binding, if followed, will continue to help protect everyone, particularly with the stated probability of a severe rise in cases.

We continue to see no reason to be complacent about the situation, and urge everyone to continue to take precautions, at least for the time being, and to bear in mind that once summer has passed, the flu season will not be far behind. The Covid 19 requirements on the village website will be replaced with 'New procedures for using the Hall'.

Management Committee. Membership of the Committee is changing due to the Daisy Chains closing and new uses for the Hall being needed. There will be some vacancies on the Committee, both new positions and replacements of existing members and we would encourage volunteers to come forward to join us. To help you to understand what is involved we would welcome you to the next Committee meeting being held on 23 August in the Hall, or to the Annual General Meeting which will be held in September. We are particularly looking for someone who would be willing to assist the Social Secretary, as the Hall will be seeking to provide more daytime activities for residents now there is greater availability.

First Aid Training. The Hub Night organisers and the Hall Management Committee are keen to explore offering a First Aid course to local people, as a meaningful way to give back to the community, and as a thank you for all your support. If you know someone who could deliver this training for us, or have a recommendation, please let us know

Volunteers for the Committee or for First Aid Training can contact me on 290559

Trevor Hall

A1307 UPDATE

The process of upgrading the road continues. The next schemes to be implemented will be the signalised crossing at Hildersham, the junction work at Dean Road and the roundabout installation at the Bartlow Road junction, Linton. The only scheme that hasn't been fully ratified yet is the Linton 'Greenway', a non-motorised user route, that will run from the new park & ride site on the Cambridge side of the A11 from Abington, all the way through to Linton. It's the actual route itself that still needs to be decided upon.

Henry Batchellor

THE STREETLY END OWLS

In 2017, Storm Doris blew its way across the UK and caused much destruction. Although the East of England was not as badly affected as some regions, in Streetly End a large bough of the very tall Mediterranean Cypress (Cupressus sempervirens) came down taking out some telegraph lines. The tree was deemed unsafe and sadly had to come down after advice from South Cambridgeshire District Council.

For us, this was a great loss as our children's tree house was in this great evergreen and with it many memories when the platform became a space rocket, pirate ship or racing car. We asked our excellent local tree surgeon Rob Giles to take the tree down but leave the stump at 3 metres and give us time to consider what to do with it once it had seasoned.

We spent some time looking at options and this year found Ben of Tree Ninjas (best found on Facebook) who is a chainsaw sculptor from Stowmarket. He has completed many commissions including the huge "Sawston giraffe" as well as works at Colchester Zoo, to name but a few.



Ben is a tree surgeon by training but got into the sculpture side by cutting mushrooms seats from stumps. This led onto more and more ambitious works, and he now has a sizable collection of completed projects. He is passionate about his art and frequently steps back to check he is "on track". He finished the owls in less than a day; it is a super piece and has drawn many positive comments.

Malcolm Cameron

WEST WICKHAM & DISTRICT GARDENING CLUB

On 12 July, we met for the first time since the beginning of last year, when we were invited by Jean and Kit Martin to an evening visit to their wonderful garden at The Mill House in Streetly End. The forecast was for torrential rain, but apart from a few drops it was a warm and fine evening. The Mill House occupies an ancient site, and Jean says that when planting they often find pottery dating back to Roman times. The borders were in full flower and looked stunning Jean and Kit aim to be self-sufficient when growing their vegetables, many in polytunnels including a large selection of salads, aubergines and beans. We were treated to a glass of wine and snacks to round off a lovely visit.

We now look forward to our "Show" at the Village Hall on 21 August (Ed. See separate article on page 1).

Rosemary. Yallop

NATURE NOTES

Last month we made reference to the cutting of verges and other grassy areas, and the benefits to wildlife of a less drastic mowing regime, which allows grasses and wildflowers to grow more freely. This year has been a prolific growing season and although the lawnmowers and strimmers have been out more than ever, we hope that some areas have been spared.

Some people have questioned why the verges around the Village Hall and playing field are not mown throughout the summer. This is because the Parish Council is adopting this less drastic approach and leaving these verges to wildflowers and insects. The grasses may seem untidy, but look closer and there are many colourful flowers, bees and beetles. This year has been particularly good for orchids. We have common spotted, early purple, southern marsh and pyramidal orchids in West Wickham, as well as bee orchids, which are a particular feature of the patch behind the Village Hall. The flowers of bee orchids bear an extraordinary resemblance to bees and logic tells us that these clever plants have evolved to entice bees and assist them to pollinate. This may have been the case in earlier millennia but ironically evolution has taken them a stage further so that now they are self-pollinating and have largely given up relying on bees to do the job. Other orchid species are still reliant on insects for pollination.

Because the grass has grown so tall this year, most of the flowers we see in the verges are those that are themselves tall enough to hold their own and, in fact, gain some support from the accompanying vegetation. They include the yellows and whites of the lady's and hedge bedstraws, the purples of knapweeds and tufted vetch, the pale blue of chicory, lilac of field scabious, creamy white of hogweed and meadowsweet and the pink of common centaury.

As you read this, we will be halfway through the Big Butterfly Count for 2021, which concludes on 8 August. All you need to do is spend 15 minutes in your garden and identify and count the number of butterflies you see. The details can be found on https://bigbutterflycount.butterflyconservation.org. Currently the long grass is home to scores of meadow brown butterflies but others on the wing include ringlet, gatekeeper, marbled white, small and Essex skippers as well as the more familiar large and small whites, red admirals, peacocks and small tortoiseshells. Peacocks lay their eggs on nettles and the black hairy caterpillars munch through the nettle leaves, often leaving just the naked stems. Moth species seen recently include the scarlet tiger, hummingbird hawkmoth, cinnabar and six-spot burnet - all lovely insects.

The insect highlight of the month for me was a visit to the pond at the Mill House, which was alive with dragonflies whizzing around, changing direction at right angles and perching occasionally on the thinnest of grassy blades. I regret my identification skills for these magnificent predators are somewhat inadequate but there were definitely more than a couple of varieties flying.

In a quiet month for birds there has been relief in seeing swallows skimming over the wheat and round the church, martins at the church and Yen Hall and swifts screaming over the mill at Streetly End. There have been two cases of newly hatched mallard ducklings being marched over by their parents to alternative accommodation, and another of a green woodpecker using a hole excavated by a greater spotted to rear a family. Why bother building your own nest when someone else can do all the hard work?

Please send your nature sightings to: Peter Grieve. T: 01223 897811, E: mail@petergrieve.co.uk Di Licence. T: 290434, E:dianarubylicence@gmail.com

PICTURES FROM THE PAST



1930s, harvest at Manor Farm. Rabbits caught when escaping as the fields were cut were an additional 'harvest' for farm workers.

Unlike today when school holidays have set dates, in the 19th century the start and finish of the school summer holiday was determined by the beginning and end of harvest. Children were expected to make themselves useful and even earn a little money, at harvest time. They looked after younger family members for busy mothers, took meals to their fathers working in the fields and were employed to hold the heads of the wagon horses. When attendance numbers at school went down as harvest began, the head teacher closed the school and only re-opened when harvest was over. In the particularly bad seasons of the 1880s and 90s, the 'harvest holidays' did not start until well into August and did not finish until the end of September, with the middle of October being common.

In the photograph, the man second left was Cyril Potter. He died in the Second World War and is commemorated on the War Memorial. Please do get in touch if you can name any of the others.

Photo from West Wickham & District Local History Club Photo Archive

Janet Morris, 21 High Street Tel: 290863 Email: jmmorris@jmmorris.plus.com

GRANTA MEDICAL SERVICES

We are always looking at new ways to connect with our patients and help assist them with their health care journey. One of the options we are currently considering is a mobile telephone app called **Airmid**; a patient-facing app designed for patients and GP surgeries alike. From viewing upcoming appointments to video consultations, viewing your medical records and ordering your medication, you can manage all your health care needs in one place. There is also the option of incorporating and tracking your own personal health goals with Apple Health and Google Fit. Airmid is a simple, secure app, which you can log into using your NHS app login or your SystmOnline account. An NHS app login can also be created directly via Airmid.

Over the next few weeks we are planning to trial this app with a number of pre-selected patients to test its suitability. If you have the NHS app, why not download Airmid and take a look? We would welcome all feedback.





Sandra East, Head of Patient Services. Email: sandra.east@nhs.net

FROM THE VICARAGE

As I sit down to write this, our boys in white strip have scored their way against Denmark and are through to the final against Italy. Not since 1066, no make that 1966 – have England fought hard enough to reach the closing stages of an international tournament. Gone are the days when fear ruled the roost and pride came before a fall. As we watched for those fifty-five years, often from behind the sofa, we shared injuries of frustration and disappointment. Today, however, we have youthful team of players that swarm together like a flight of bees. They are fearless and intelligent, they communicate as one. If they are proud, they know that good team-work sits in place of individual pride.

I'm not a great football enthusiast, but like many people I do like to see a team play well. More than this, I'm interested in what makes a good team tick. What can we learn, how can we be inspired by a team of people working well together? Even if you have little or no interest in the sport, this is about so much more than football.

Living as we do in our village communities, we know how important it is for us to live and work together. The pandemic has brought the best out of us in turning our attention to those who need our care and support the most. Through these difficult and challenging times, we have come to know each other in new ways, ways that build and strengthen our community as a team of players. Not that everything is plain sailing. As I finish writing this piece, England suffer defeat in a nail-biting penalty shoot out. There is pain for those who missed goals. Team spirit brings essential healing not just from the other players, but as a nation we feel their pain. We may not be great supporters of football, but we do all support each other when there is need. In the Christian church, we call this prayer; not just putting your hands together and offering up a few words to God, but being ready to reach out in practical terms to those who need our collective love and support.

Steven Wheeler

See page 1 for details of local services but Sunday zoom services are also continuing. For details contact Cazzy Walshe on 7churches.seven@gmail.com

MYSTERY TRAIL FOR EVERYONE AROUND LINTON DURING AUGUST

Ever wanted to see what Girlguiding does, relive a childhood memory or just want a fun family day out in Linton? Then take our Mystery Trail around the village; everyone can take part. Visit The Linton Kitchen and pick up a free Linton Mystery Trail sheet, which has been designed for children of all ages by our very own Linton Rangers (aged 14-18yrs). There is an easy level one sheet and a more difficult level two sheet; why not try them both. Solve the clues as you walk around the village and if you find all the pictures and crack the secret message, take your finished sheet back to the Linton Kitchen to claim your prize.

Our Ranger unit have devised the Mystery Trail so you can all join in a Girlguiding adventure during the summer. If you live outside Linton come and see what there is here, pick up a sheet and have a little adventure or bring a picnic and have a family outing.

Enjoy the Mystery Trail, the sheets are available at The Linton Kitchen throughout August.

Louisa Powell-Owens, Linton District Commissioner Contact us on lintondistrict@gmail.com

AGE UK SMALL VILLAGES COMMUNITY WARDEN UPDATE

I hope everyone is enjoying the warmer weather, but also keeping cool and drinking lots of water.

I am delighted to say that our small villages scheme is currently supporting 13 households. If you need support, have a problem that needs solving, or even just a question, please get in touch, I will always try to help you work out a solution. I am also sure the Age UK information and advice team can help as well. There is a lot of support out there for the elderly - it's just knowing where to look and who to ask! Age UK information and advice can be contacted directly on 0300 666 9860.

I've been busy working with the wonderful Voluntary Network Community Transport Team to get my more mobile service users out and about again. This service is open to all elderly, so if you're interested in registering please get in touch with me, or the transport team direct on 01638 664304. They provided an accompanied door to door service at extremely reasonable prices.

The Newmarket Day Center social club for the elderly is open again, and is offering various services such as a beauty salon, chiropodist, cafe and activities. If you want to get out of the house, contact them on 01638 664262 to arrange your visit. As an example, a return journey from Weston Colville to the day centre using the community transport is approx £7-8 RETURN, so a lovely day out with lunch could be on the cards.

I'm keeping an eye out for local clubs and activities for the elderly, so if you know of anything, please let me know.

Faye Parker, Age UK Community Warden, Small Villages Mobile: 07436 102865

Email: faye.parker@ageukcap.org.uk

IMPORTANT ROADWORKS INFORMATION A11 STUMP CROSS TO A11 MERGER WITH A14

Essential work on the A11 will take place 2-16 August in both directions. The work will include resurfacing and renewal of the road markings and studs. The work, which will mean road closures and diversions, will take place during weeknights only between **8pm and 6am**. These works will be undertaken in 5 phases as follows:

- Phase 1. A11 northbound closed from M11 junction 9 to A505 interchange. Monday 2 August to Thursday 5 August. M11 northbound traffic will continue on the M11 to junction 14, join the A428 / A14 and continue on the A14.
- Phase 2. A11 northbound closed from M11 junction
 9 to A1307 Fourwentways interchange. Monday 2
 August and Wednesday 4 August. Traffic will be diverted as stated in phase 1 above.
- Phase 3. A11 southbound closed from Balsham Road junction to A1307 Fourwentways interchange. Friday 6 August. Traffic will be diverted westbound via the A14 to junction 31 and join the M11 to junction 9.
- Phase 4. A11 northbound closed from A1304 Six Mile Bottom to A14 eastbound merge. Monday 9 August to Thursday 12 August Traffic will be diverted as stated in phase 1 above.
- Phase 5. A11 southbound from A505 interchange to A1301 Stump Cross. Friday 13 August and Monday 16 August. Traffic will be diverted as stated in phase 3 above.

Maps of the closure points and diversions can be found on www.westwickham.org

MEADOW SCHOOL NEWS

As the academic year draws to a close there is lots to celebrate at school. With all of the challenges this year has thrown at us, the commitment and enthusiasm of the children, parents and staff deserves a mention. If I could give them all a medal I would. Having to swap to online learning with a few hours' notice is no mean feat, yet they have done it time and again this year.

Ensuring the children don't miss out on the things we had planned has been our priority. Our most recent home learning for three classes came in the last two weeks of term. We had planned food technology and making soup with two of the classes, so ingredients were purchased, delivered and then a live cook-along took place online with the children chopping and simmering their ingredients to make soup! We were then treated to some photos of the delights made and eaten for lunch. In another class, the children had composed their own summer poems. They were then challenged with reciting them online to the rest of the class with a summer prop.

With all the restrictions and extra health and safety measures in place, we have, in the last few months, still managed some really exciting trips out and adventures at school. We managed our first sports day in two years.



Sadly, we had no parents in attendance, but we did provide links for some live zoom sessions so parents and family could watch from home and cheer on their children. The infants visited South Angle Farm as part of their geography and science work, Year 3/4 went to Stibbington to look at rivers and waterways as part of their geography work, and Year 4/5/6 went to Cambridge as part of their local detective history and geography work for a day of punting, mini moo hunting and a treasure hunt. They had a super day and managed to find our mini moo painted last year as part of the Cows About Cambridge trail. Our moo is in Heffers bookshop if you happen to be passing over the summer and would like to take a peep.

Our Y6 children managed to get away for their week-long residential trip to Norfolk Lakes, where they enjoyed over



20 activities including paddle boarding, rifle shooting, kayaking and crate stacking to name but a few. For many of the group it was the longest they had stayed away from home, having not had many opportunities during this past 18 months due to restrictions. They were superbly behaved and had 'the best time ever'. Sadly, our Y5 children weren't able to go on a residential trip but, to make up for this, we held a camp out on the school field for them. A night of games, campfires, s'mores and human table football made up for their missed adventure, and a night under canvas was appreciated by all.



It hasn't been an easy year, in fact in school it has been the hardest ever. Our children, parents and staff have faced every challenge thrown at them with courage, determination, enthusiasm and most importantly a smile. I couldn't be prouder of them or more grateful for their positive attitude.

Nichola Connor, Head Teacher

COUNTRYSIDE CODE

A new, refreshed Countryside Code has been launched by Natural England, marking the 70th anniversary of its creation. Below is a summary:

Respect everyone.

- Be considerate to those living in, working in and enjoying the countryside.
- Leave gates and property as you find them.
- Do not block access to gateways or driveways when parking.
- Be nice, say hello, share the space.
- Follow local signs and keep to marked paths unless wider access is available.

Protect the environment.

- Take your litter home leave no trace of your visit.
- Do not light fires and only have BBQs where signs say you can.
- Always keep dogs under control and in sight.
- Dog poo bag it and bin it any public waste bin will do.
- Care for nature do not cause damage or disturbance.

Enjoy the outdoors.

- Check your route and local conditions.
- Plan your adventure know what to expect and what you can do.
- Enjoy your visit, have fun, make a memory.

The full code can be found at www.gov.uk/countryside-code

LINTON VILLAGE COLLEGE NEWS

It was good to be able to end the summer term with some enriching calendar events, such as adjusted sports days for each year group and some day trips. Students really appreciated the experience of taking part in the geography field trip or visiting the theatre and such events, which might usually be taken for granted, have felt special.

Students also benefited from virtual opportunities such as arts workshops led by West End actors/dancers, and Zooming into a talk with a children's author. While Covid-19 has curtailed some enriching educational activities, it has also encouraged others.

We were able to safely host cluster primary schools to enable some of our Year 6s to benefit from a taster day at LVC, and many other Year 6s have visited us for a school tour.

An Ofsted team also visited us in the last full week of term for a monitoring inspection visit. Despite everyone's tiredness at this stage in the academic year, it was good to be able to demonstrate the progress that has been made since our last full inspection in February 2020.

A lot has happened in just four terms. Amongst coping with the operational challenges of the pandemic and developing our remote learning provision, we have also made strides in developing SEND teaching practices, and raising curriculum and behaviour for learning standards across the school. The inspectors will share their judgement in an interim progress report in the autumn term, which will comment on the impact that governors and leaders have had on these improvement areas from the last inspection, as well as ensuring the safeguarding of members of the College community.

We look forward to issuing our Year 11s with their GCSE results on 12 August. These have been generated by Teacher Assessment processes this year. However, this difference in approach doesn't make the grades any less worthy.

It wasn't possible to safely hold the Year 11 Prom as hoped in July so, instead, we will be welcoming back our Leavers in October for a special awards ceremony, where we can celebrate achievements of the year group and individuals within it.

Helena Marsh, Principal

1ST HORSEHEATH BROWNIES

We have had a very busy time since we returned to face-toface meetings at the end of May, completing several skills and raising over £150 for Crisis with a litter pick around the village. Thank you to all those who contributed to this fundraising.

At our final meeting of the summer term Emilia made her Promise, and four Brownies – Megan, Amelia, Martha and Olivia were presented with the Bronze Award. Congratulations to you all for the hard work you have put in

If you would like to know more about Brownies check out www.girlguiding.org.uk or drop us a message on horseheathbrownies@gmail.com. Brownies lets girls have fun learning new life skills for their future and enjoy just being themselves, and we would welcome any seven year old girls who would like to join us and help our unit grow.

Pauline, Katie, and Laurené

LINTON LIBRARY NEWS

At time of writing, we hope to be back to normal service hours in August (see below) but for the latest updates on opening times please visit www.cambridgeshire.gov.uk/library, telephone 0345 045 5225 or ask at the library.

Responding to a tough year when we've all had to manage around the pandemic, Cambridgeshire Libraries have created a new Libraries and Wellbeing webpage with links to activities, resources and support, both national and local. Tell us what you think, visit www.cambridgeshire.gov.uk/LibraryAndWellbeing. Feedback helps us improve our services.

Children can still sign up for the Summer Reading Challenge. Have fun reading during the holidays and collect stickers and rewards! Visit the library to join in, see Cambridgeshire Libraries Facebook for Families page @CambslibFamilies or our website for more. We have a good selection of junior fiction and YA/YA+ booksale is currently available at the library.

We hope adults will enjoy reading this summer, too. Travel may still be tricky, but books can always take you to new places! Check out books from the library or download free eBooks or eAudiobooks from our online catalogue onto your device. Please ask if you need any reading recommendations, help choosing books, or with our digital offering.

We hope to be able to restart activities like Storytime/ Rhymetime soon, and we are looking for volunteers to help with this and other library events. Pop into the library if you are interested or for more information.

Lindsay Healy and Ann King, Community Library Assistants, Linton Library Linton Library opening hours: Tuesday 10am-5pm; Wednesday 4pm-7pm; Thursday 2-5pm; Friday 10am-5pm; Saturday 10am-1pm

VOLUNTEER WITH US

Are you sociable, a good listener, organised and selfmotivated and would like to share your own experience of living with arthritis in Cambridgeshire? Versus Arthritis, the UK's largest charity dedicated to supporting people with arthritis, is hoping to set up more groups and is looking for the following volunteers:

Versus Arthritis Group Leader - Group Lead Volunteers are the main point of contact for the group. They are responsible for planning, organising and promoting group meetings and activities for people with arthritis, as well as encouraging new people to attend. They will be part of creating a place for people to go for support and information to help manage their condition.

Versus Arthritis Service Volunteer – This position involves working with other volunteers to provide Versus Arthritis information stands in places such as hospital waiting rooms and health information events either as regular monthly sessions or one-off opportunities; also placing Versus Arthritis information leaflets or posters in relevant locations such as GP surgeries, libraries, and community centres.

Training and support is provided, and out-of-pocket expenses paid.

If you are interested and would like to chat to us about the opportunities we have on offer, please contact Chris Preston, East Anglia Living Well with Arthritis Service Co-Ordinator.

Email: c.preston@versusarthritis.org,

Mobile: 07834418472